



Accelerate

Leading differently for better health care

NHS

Yorkshire and the Humber

Following the highly successful pilot of 2010/11 we are *opening recruitment now* for another Accelerate programme starting in **November 2012.**

- Working in a **Band 5 to 7 post or medical, clinical or AHP equivalent?**
- Feel you have more to offer?
- Looking to develop personal resilience and resourcefulness in a fast changing NHS?
- Want to increase your personal and organisational productivity?
- Wish to enhance your communication and better lead others to do the best job they can?
- Seeking a more responsible role or career progression in order to have greater impact in your area of work?

Accelerate is designed to accelerate the leadership journey and career progression of junior to mid-level managers and clinicians. In the current climate of 'more for less', it is critical that the skills and experience of all our staff are optimised to maximise patient benefit and outcomes.

So...if you can tick all of these boxes and want to deliver better health care services for all, then **Accelerate** could be the programme for you!

We want to attract a wide and diverse range of participant's because we think this makes for a better learning experience, better thinking and better ideas about what makes for excellent healthcare. If you are interested in making a difference to your lives and others, then this is a career opportunity not to be missed

This opportunity is commissioned and funded by Innov8 NHS to foster leadership development that is focussed on *inclusive leadership skills and values* that deliver benefits to participants, their colleagues and their patients and service users.

What is NLP?

NLP stands for Neuro Linguistic Programming. NLP is a very practical and effective approach to performance, psychology and communication, based on study of the strategies of people who naturally do things well.

This certified programme draws on approaches and practical techniques from Neuro Linguistic Programming (NLP) to equip managers with tools to enhance personal resourcefulness further develop people management skills and increase leadership effectiveness.

What will the programme cover?

- Foundations of NLP
- Keys to Personal Effectiveness
- Leadership & Change
- Performance
- Understanding and working with interpersonal difference
- Advanced communication and influencing skills
- Effective negotiation
- Managing challenging people and performance

The learning outcomes of Accelerate directly address the NHS Leadership Framework areas of:

- 1. Demonstrating Personal Qualities,**
- 2. Working with Others and**
- 6. Creating the Vision.**

This learning also enables significant development in area 3. Managing Services



How will it run?

The course comprises 9 x 2 day modules, designed to provide you with insights and understanding as well as techniques and skills to help you work even more effectively as a manager and leader. This course is a practical and enjoyable combination of explanations, demonstrations, exercises and practice in pairs and small groups, experiential learning, discussions and application.

Held on a monthly basis, the course leads to the award of Certified Practitioner of NLP by INLPTA, the International NLP Trainers Association.

Assignments

The course will include practical assignments involving application of course material within the workplace.

Venue and times [Venue TBC]

Each day will start promptly at 9.30 and finish by 5pm and you are required to attend every day in full to achieve certification.

8 th – 9 th November 2012	7 th -8 th February 2013	15 th - 16 th May 2013
10 th -11 th December 2012	4 th - 5 th March 2013	17 th -18 th June 2013
8 th - 9 th January 2013	16 th - 17 th April 2013	11 th -12 th July 2013

Facilitators

The course will be delivered by Dave Thornton and Chris Grimsley.

Dave works as a successful and sought after Executive Coach and ‘top team’ developer for a range of organisations across the UK. He is a qualified NLP Master Practitioner, Executive Coach; MBTI facilitator and has a whole host of other experiences under his belt. He is a member of the 'Windsor Leadership Trust', is an Associate of the 'Kings Fund', works with a number of Royal Colleges and is on the NHS Institute of Innovation and Improvements Senior Team/Board coach register.

Chris Grimsley is an INLPTA Certified NLP Trainer and Master Practitioner, with a passion for bringing NLP into public services at organisational / managerial levels, and to service delivery. He is founder and principal trainer of the Instit2te of NLP for public service, and is acclaimed for making NLP training accessible, and practically useful. He has trained and developed with some of the leading lights from the world of NLP and contributed to its practical adoption throughout many services.

Dave Thornton & Chris Grimsley

‘Stand apart not alone’

Dave Thornton Ltd in collaboration with the Instit2te of NLP for public service

‘Practical solutions for public service people problems’

Important programme Information

Expressions of interest are invited now and applications will be sent on receipt of this. Closing date for applications is September 3rd, 2012 and places are to be confirmed September 13th, 2012.

Places on this programme are free but full attendance through all modules is required for certification and a substantial “failure to attend” charge applies.

Please be sure you are available for all module dates before submitting your “expression of interest” for this programme and hold the dates for all modules in your diary until confirmation of a place is received.

To express your interest in the programme and receive an application form or for any queries, please email noshina.kiani@yorksandhumber.nhs.uk

Re-commissioned and funded by the Yorkshire-Humber Strategic Health Authority as part of our commitment to a diverse and inclusive NHS. This initiative is one of a number of developments by Innov8 NHS: Leading Differently for better healthcare. More information on Innov8 can be obtained by contacting noshina.kiani@yorksandhumber.nhs.uk